

SSAFA Southglade Health Centre

The Soldiers, Sailors, Airmen and Families Association, SSAFA Forces Help, has been contracted by NHS Nottingham City to provide a new Health Centre offering the full range of general practice services for the people living in the Bestwood area. The new Health Centre will be built on land at Southglade Park and will be easily accessible to patients living in Bestwood, Top Valley and parts of Bulwell.

SSAFA set up its first Nursing Branch in 1892 and is in its 125th year of providing health and social care to service personnel and their families across the world. It currently delivers Primary Health, Social and Community care to approximately 60000 service personnel and their families worldwide and also General Practice services in Luton and Leicester and an Emergency Care Practitioner Service to the population of Doncaster.



The new Health Centre will provide:

- Consultations with General Practitioners and Practice Nurses for all immediate and long term conditions for its registered patients. Long term conditions include heart disease, respiratory disease, diabetes, epilepsy and stroke.
- The practice nurses will take blood from patients and treat minor ailments, such as small cuts and burns, ear syringing, cervical smears, childhood vaccinations and immunisations, adult vaccinations and immunisations including flu vaccinations
- Other services include maternity, child health, contraceptive and joint injections.
- Appointments can be made for any time up to four weeks in advance as well as urgent appointments for the same day.
- Other services will be offered in discussion with patients and NHS Nottingham City. These will include additional opening hours to be provided based on patient feedback and could include early mornings, evenings or Saturdays. Normal opening hours are between 8.00am and 6.30pm Monday-Friday.

The Health Centre will open in late Autumn 2011. Closer to this time we shall be providing an information board with contact details for registration and other enquiries. In the meantime, if you would like more information, please contact:

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